



KENNETH GOH  
EDITOR-IN-CHIEF, HARPER'S BAZAAR SINGAPORE

*"See incredible results after you massage through the lymph nodes and meridian channels, as facials are also a holistic experience and their benefits are both physical and spiritual. When your face is treated to a couple of hours of much needed TLC, the glow comes from inside out."*

### Best Antioxidant Facial

#### Adeva Spa

##### C+C Vitamin Face Spa

Vitamin C is not only great for building immunity, it is also key to the production of collagen to build firmness and strength. Showing no mercy to blackheads, clogged pores and other impurities, the C+C Vitamin Face Spa does exactly that and purifies the skin to mitigate any skin problems. The facial uses products from the C+C Vitamin line of cult Natura Bissé's Barcelona Collection.

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### Best Facial for Congested Skin

#### Pacific Healthcare Specialist Centre Dermatology Laser & Aesthetic

##### HydroFacial, \$400 for 25 minutes

If you've been neglecting your skin for a long time, this treatment is a quick fix to reduce and repair congested complexion. Your doctor will examine your skin before performing the hydrofacial, which uses a suction pump to draw out impurities and inject antioxidants to improve the skin's texture.

### Best Youth Boosting Facial

#### FIL Skin, Body & Spa Intelligence

##### Youth Revival Face Therapy, \$400 for 90 minutes

FIL's Youth Revival Face Therapy takes you back the clock with an anti-aging serum, infused with potent antioxidants, hyaluronic acid, omega and protein, and collagen. A LED light cabinet with combination of red and blue light.

### Best Instant Results Facial

#### AsterSpring

##### Super Lifting Face Treatment, \$250 for 60 minutes

Stimulating the synthesis of collagen and elastin, AsterSpring's Super Lifting Face Treatment smooths, tones, and firms, tenses and supports skin. Specially recommended for mature and old skin.

### Best Anti-Aging Facial

#### Dior Marina Bay Sands Facial Cabin

##### Dior Prestige, \$220 for 75 minutes

How about a facial before a theatre night at Marina Bay Sands? Therapist Wendy performs a gentle yet effective stimulation of the face to remove dirt, dead skin cells and open up the pores, before applying products from Dior's deluxe Prestige line. Its potent products strengthen skin texture, thereby reducing the appearance of wrinkles and fine lines.

### Most Hydrating Facial

#### The DRx Medspa

##### DRx 02 Plus (Rejuvenate) with Altruism, \$270 for 60 minutes

Part of Jessica Wat and Emma Stone's red carpet prep is an oxygen facial with a micro-needle, results-oriented approach. 7 days after the same DRx 02 Plus (Rejuvenate) with Altruism starts with a round of microdermabrasion to prepare the skin for the oxygen infusion. What feels like a blast of cool air actually soothes high-tech ingredients. Imagine skin for an even and radiant complexion.



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**Best Contouring Facial**  
**Clarins Skin Spa**

Total 4 Face Shapes: \$230 for 75 minutes  
It's best, Korean V-shaped face is what you're after, look no further than Clarins' best treatment featuring its Shaping Facial Lift, which certainly guarantees sculpted ginger and the side-jobs' extract to stimulate the release of excess fat and reduce puffiness around the face. Expect to be lulled into deep sleep with their special hot rolling techniques and new drainage massage movements.

**Best Skin Rejuvenator**  
**Institut Esthederm**

Deepening Treatment: \$294 for 60 minutes  
Refresh your face with the two phases of Institut Esthederm's groundbreaking Deepening Treatment. The "soothing" phase removes dead cells of the top most layer while the "oxy-therapy" phase stimulates skin tissues, producing fresher and stronger skin cells to rejuvenate you with a youthful glow.

**Best Organic Facial**

**Best Express Facial**  
**Spa Rael**

*Natura Bissé Carboxi Face Spa, \$428 for 30 minutes*

Efficiency is key with Spa Rael's Carboxi Face Spa treatment. For example, a clarifying powder is dabbed onto the face to dissolve whiteheads, blackheads and other impurities, achieving the results of lengthy extractions in half the time. Therapist Belinda will guide you through each step of the treatment to put you at ease.

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**Best Revitalising Facial**  
**Shiseido**

Revitalising Facial: \$220 for 90 minutes  
Shiseido's Revitalising Facial provides you with the most advanced treatment available to improve skin conditions, address skin ageing, and to reduce wrinkles and sagging skin. The treatment includes a unique collagen mask.

**SK-II Boutique Spa by Senze Salus**  
**Senze Deepening Facial, \$450 for 100 minutes**

Step into this elegant haven after a grueling day at work for the perfect unwind. Relax tea and watch soap in the waiting area, and once you're in the treatment room, catch a power nap as your therapist begins your relaxing treat. Up to 98 percent of pure oxygen is infused deep into the skin during this facial, which empowers skin to heal itself while detoxifying your complexion.

**Best Instant Results Eye Treatment**  
**Passage New York**

Deluxe Eye Treatment: \$280 for 30 minutes  
The experts here are pros and their eye affect like a wizard. Head to the middle of the city with a dose of bliss which includes paraffin, aromatics, nourishing masks and firm massages. The result? Energy and refreshed skin that'll make you look like you've had a spa day.



HARPER'S BAZZAR FEBRUARY 2015 SINGAPORE

## BEST EXPRESS FACIAL

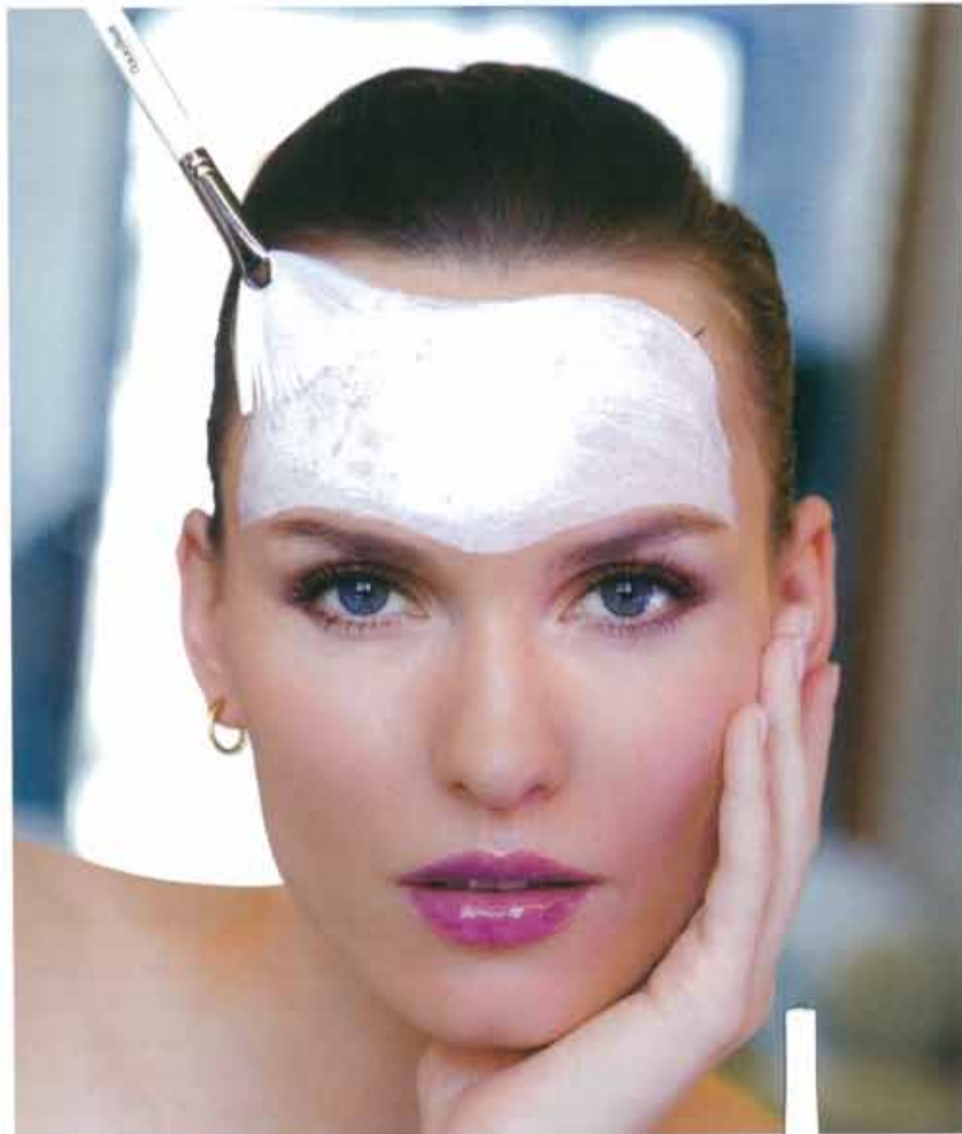
SPA RAEL

### Natura Bissé Carboxi Face Spa



**C**arboxi-Express is the solution for those who want glowing skin in less than an hour. This wonder treatment speeds up cell renewal and counters signs of aging by improving tone and texture, leaving you with smooth luminous skin.

This new concept in skin therapy, employs carbon dioxide (CO<sub>2</sub>) to combat the signs of aging. It diffuses into the skin tissues and causes blood vessels to dilate. This causes a rush of oxygen and nutrients to the treated area, eliminating fluid build-up between cells, and boosting collagen production, resulting in fewer fat cells and firmer skin. What also makes this treatment result-oriented is the cutting-edge exfoliation comprising three steps—triple exfoliation, carbonic powder and botanical activator. The triple exfoliator uses an alpha-hydroxy acid complex and glycolic acid to accelerate cellular turnover and diminish dark spots. It is followed by application of carbonic acid and tartaric acid over the face and neck to dissolve black and white heads and impurities, doing away with painful extractions. And finally, the botanical activator caps this multi-exfoliation to intensively boost skin regeneration and maximum comfort, while also hydrating and soothing skin.



#### KEY BENEFITS

##### ■ EXTRAORDINARILY RENEWED SKIN

This revolutionary triple exfoliation system G3P with glycolic acid offers amazingly rejuvenated skin.

##### ■ CARBOXITHERAPY

The explosion of oxygen in the skin counters signs of aging to improve skin tone and texture, resulting in smooth, even and luminous skin in a jiffy.

##### ■ HIGHLY EFFICIENT TREATMENT UNDER 60 MINUTES

Technologically advanced anti-aging and lifting ingredients makes this treatment a powerful and unique experience, offering outstanding, rejuvenating results in under 30 minutes. For more impressive results, ask for an add-on Oxy-Peptide Nano Fibre Facial Mask, which further boosts anti-aging properties to lift, plump up and restore glow to tired and dull skin.



Natura Bissé Carboxi Face Spa is \$428 for 30 minutes. Available at: Spa Rael, Goodwood Park Hotel, 22 Scotts Road, Tel 6732 9633. For more information, visit [www.sparael.com.sg](http://www.sparael.com.sg)